

EXPRESS YOURSELF & TRAIN YOUR BRAIN!

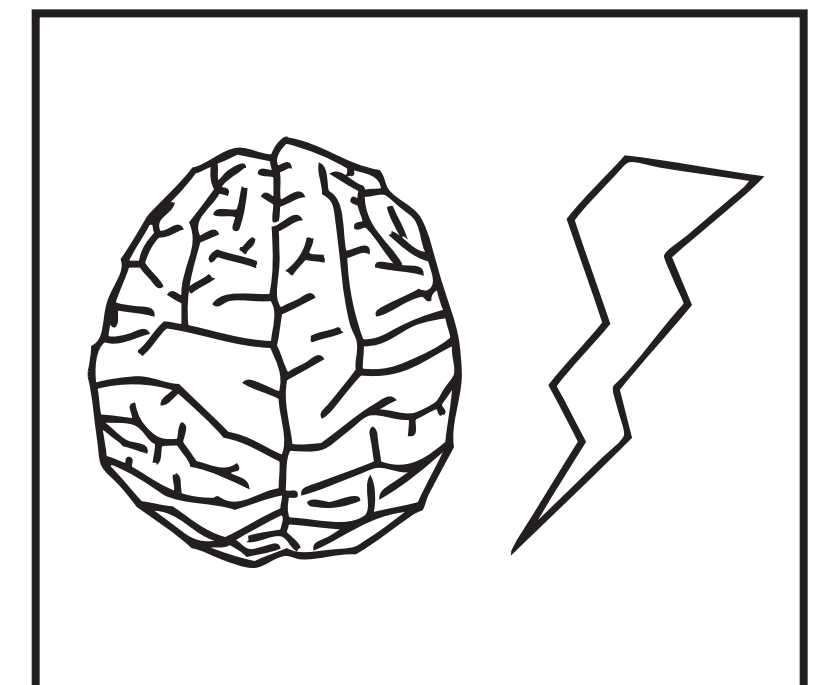


-THE MENTAL FITNESS STATION-

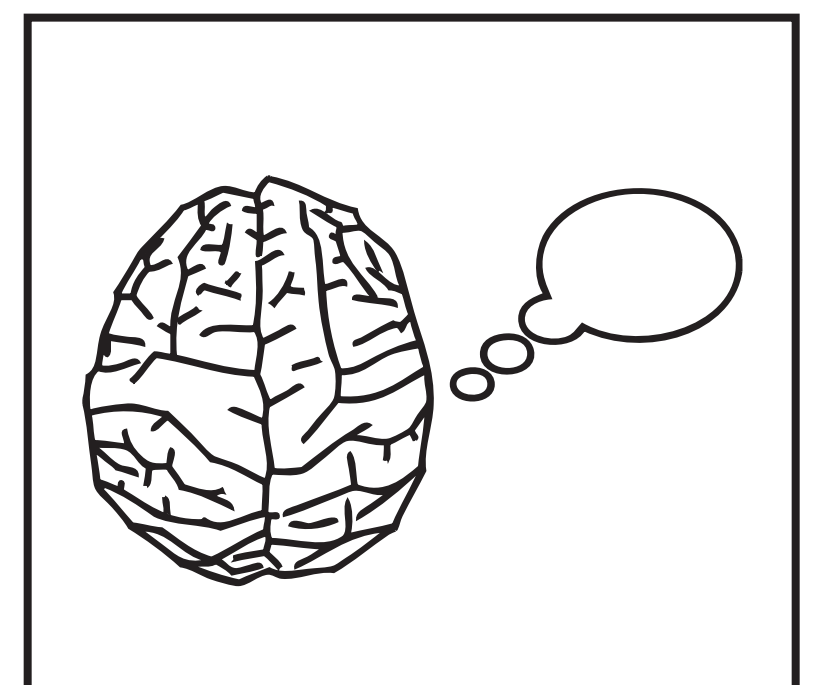
Time for a mental challenge. Test your speed, accuracy and cognitive ability at this station. Math, memory and reading are all tested in this fun, social game.

In this game, participants are challenged by games of mental fitness. Players test their brain age by playing paper, rock, scissors with a catch - a game that encourages reverse thinking! In another game, players have to figure out words from scrambled letters rotating in a circle.

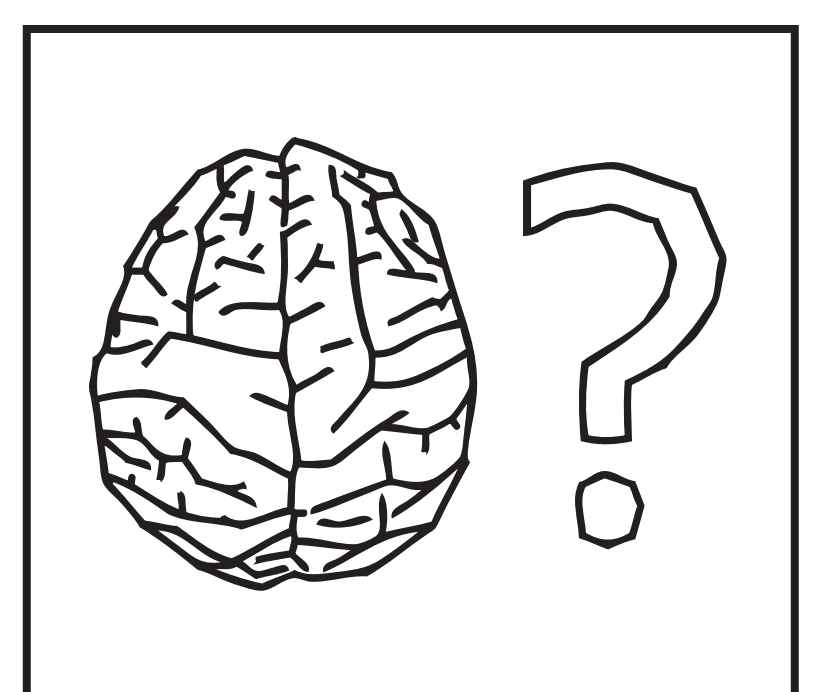
Muscles, Systems & Skills



Brian Power



Memory



Cognition

The Mental Fitness Station is in alignment with the following Physical Education and Health Learning Standards:

- Participate in physical activities that provide conditioning for each fitness area
- Develop physical fitness skills through regular practice, effort and perseverance
- Demonstrate mastery of fundamental motor, non-locomotor, and manipulative skills and understand fundamental principles of movement
- Work constructively with others to accomplish a variety of goals and tasks

Related Sports & Activities

Reading
Spelling
Math
Concentration

iGame4SM

WHAT DO YOU GAME 4?